

The Spirit of St. Mary's

St. Mary's Foundation Newsletter



The mission of St. Mary's Foundation is to improve and enhance services provided for patients and residents of St. Mary's Health Care System and to ensure these services are available to those who need them most by providing opportunities for giving to the community.

Spring/Summer 2010

Grand Opening - St. Mary's Center for Alzheimer's and Dementia Care

Nearly 300 employees, board members and members of the community celebrated the grand opening of St. Mary's Center for Alzheimer's and Dementia Care with an Open House on Sunday, May 23. In her dedication speech, Mrs. Halina Greenberg (pictured with the Greenberg Family) said she is proud and humbled by the new facility. "We planted a seed, but for it to have become what we now see before us, it needed lots of nurturing, love and care from many." Mrs. Greenberg's support of the facility is in honor of her mother who suffered from Alzheimer's disease. She said, "I feel my mother is very pleased and smiling down at me. She has been my motivation."

St. Mary's Center for Alzheimer's and Dementia Care will begin accepting residents this summer. Every last detail of the facility has been built with the residents in mind. The spacious, open layout has a calming affect, while allowing staff to monitor residents' safety at all times. Patients receive care, coordinated by a Registered Nurse, around the clock from licensed nursing staff, and an Activity Coordinator is trained to provide programs that address the special needs of residents suffering from Alzheimer's or dementia. Each patient room is equipped with a glass "Memory Chest" to ensure resident's memories are never far away. The facility also boasts an open air courtyard and "Reflection Room" designed to soothe residents experiencing agitation.

Ann Albritton, RN, Director of Highland Hills Village said, "Dementia is one of the most frightening and challenging health care situations families face, and can be exhausting for care-givers." With this state-of-the-art facility in Athens, local families and care givers can be at ease knowing that loved ones are safe and cared for with comforts of home in a beautiful, convenient setting. For more information on St. Mary's Center for Alzheimer's and Dementia Care, or independent and assisted living apartments at Highland Hills Village, please visit St. Mary's website at www.stmarysathens.org.



An Evening of Fine Wine and Dining at Five & Ten



Chef Hugh Acheson hosted an evening of fine dining and extraordinary wines to benefit St. Mary's "Mission of Caring" for Alzheimer's and dementia services. This premier dining event was held at Hugh's Five and Ten Restaurant on Sunday, April 25, 2010. Guest Chef John Curran and Chef Acheson prepared a six course dinner and wine pairing for more than 85 guests. John is the chef and owner of City Grocery, Boure' and Big Bad Breakfast in Oxford, MS and was the 2009 recipient of the prestigious James Beard Foundation Award named "Best Chef of the South." The six course meal included spring asparagus with UGA caviar, crispy wild striped bass, Moral bread pudding stuffed quail, Bittersweet Plantation cheeses with local honey and pear chutney, and much more all paired with the finest wines. The dinner raised more than \$20,000 for St. Mary's Foundation.

Next year's event will be held at both Five and Ten and The National and will promise another evening of outstanding food prepared by a nationally renowned chef. Special thanks go to Hugh Acheson, Noramco, Inc. and Athens First Bank and Trust who made this event possible.

FOUNDATION ON . . .

facebook

St. Mary's Foundation is officially on Facebook with a Fan Page! Please search for "St. Mary's Foundation" and "Like" our cause from your personal or professional account. St. Mary's Foundation will regularly post information about our events, causes, pictures and opportunities for fundraising or volunteering. Please consider suggesting St. Mary's Foundation to your local Facebook friends. Special thanks go out to the Foundation Young Professional Advisory Board who played a large role in getting the site off the ground. We look forward to sharing and communicating through this new channel!

Dear Donors and Friends of St. Mary's,

It is my pleasure to bring the Spring/Summer 2010 Spirit of St. Mary's newsletter to you.

What a lot has happened since this time last year. In looking back at our last year's newsletter we have accomplished much. Don McKenna, CEO & President has been with us over a year now and the construction of the 34 bed St. Mary's Center for Alzheimer's and Dementia Care on the campus of Highland Hills Village is complete and will be accepting residents soon

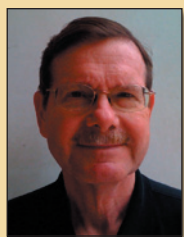
In this issue are articles covering several community programs that have supported St. Mary's. We are so fortunate to have this support from our friends in the community.

Our Annual Donor's Reception was held on June 10 in the Atrium lobby of St. Mary's with fabulous food by our own Chefs. This reception recognizes the many gifts and contributions of our major Foundation supporters - the members of The 1938 Society and The Good Samaritan Society. If you would like more information on our giving societies please let us know.

This is a landmark year for the Annual St. Mary's Gala. It will be our Tenth Anniversary and the Special Events Committee is pulling out all the stops. Please note September 25, 2010 on your calendars and reserve that date to join us for this year's Gala. The funds raised will all go to support the Children's Specialty Services Clinic, a vital service St. Mary's provides to children in our area with chronic illnesses and disease.

We were proud to present Wanda Sorenson-Lash and Don Lash the Foundation Auxiliary Volunteer Award for 2010. Under their leadership, St. Mary's Auxiliary Thrift Store continues to thrive and is expanding its market. Please remember to donate your gently used items, including furniture!

St. Mary's Foundation Board of Directors is an outstanding group of community leaders who volunteer their time and talents to support the Mission and Values of St. Mary's. Their work helps ensure that St. Mary's Mission continues to thrive for years to come. I am honored to serve as the Board Chair. Thank you for the trust you place in St. Mary's as a fellow supporter. Without our donors and supporters we would not be able to ensure that services are available to those who need them most.



R. Edward Perkins
St. Mary's Foundation Board
Chair

ST. MARY'S golf TOURNAMENT



St. Mary's Foundation Golf Tournament was a hole in one! 32 teams of four came out to Athens Country Club on May 10 to partake in the event. This year, funds benefited St. Mary's Hospice, Children's Specialty Services and Elder Care. The tournament raised nearly \$20,000 for these causes.

Golfers enjoyed an afternoon on the course and kicked back at the post-tournament reception catered by Athens Country Club where Mr. Jack Davis emceed the Live Auction boasting rounds of golf at the areas finest courses and a trip for two to Ocean Lodge at St. Simon's Island.

Special thanks to Managed Medical Transport, Brasfield and Gorrie, Sodexo and Medtronic who were major sponsors of the event. Patron sponsors were AT&T, Athens First Bank and Trust, Cardinal Health, The Catholic Center at UGA, Cross and

Associates, Old South Traditions and Richardson/Fitzgerald Wealth Management. Thanks go out to all of our flag, cart and hole sponsors.

The date for next year's tournament is tentatively set for Monday, May 9, 2011. Please look for more information closer to the event.



Downey "Touch of Comfort"

After Nora Link, St. Mary's Foundation Board Member, saw a commercial for Downy's "Touch of Comfort" program she knew this could be something of great value to the Children's Specialty Clinic. The "Touch of Comfort" program donates a percentage of every purchase on specially marked Downy bottles with the quilted label to the nonprofit organization Quilts for Kids, with a goal of helping donate 10,000 quilts. Quilts

for Kids creates and delivers handmade quilts to help comfort hospitalized children. Together the two organizations have been partnering with Children's Miracle Network to identify needs in various communities and to distribute the quilts. When the Foundation contacted the "Touch of Comfort" coordinator, they were excited to hear about the services that St. Mary's is providing to children in the Athens area and surrounding counties. They knew that this would be the perfect match for a quilt donation. In early May, the Foundation received over 100 quilts that will be distributed to our pediatric patients. It was a great partnership with Downy that will benefit so many local families!

10th Anniversary Foundation Gala



St. Mary's Foundation will celebrate its 10th Anniversary Gala on Saturday, September 25 at Athens Country Club. Tickets are \$150 individually and \$300 for a couple. VIP reception tickets are available for an additional \$50 per person and include access to the VIP reception prior to the event with a 10th Anniversary champagne toast. VIP reception begins at 5:30 p.m., cocktails, silent auction and music start at 7:00 p.m., followed by dinner and the live auction at 8:00 p.m. Music for this year's event will be performed live by Rupert's Orchestra, providing a variety of music from the '50s to today.

All proceeds from the 2010 Gala will benefit St. Mary's Children's Specialty Services. St. Mary's Children's Specialty Clinic brings some of the state's leading experts in pediatric medicine to Athens, so parents and their children don't have to drive to Atlanta or Augusta for appointments with their highly specialized physicians. Because the majority of the children served at the clinic have chronic disease processes, there is a struggle each year with the funding needed to keep the clinic open. Without support from St. Mary's Foundation, the clinic runs the risk of closing.

Please celebrate with St. Mary's this 10th Anniversary Gala and enjoy a wonderful evening for a very special cause.

Palliative Care Suites

With over a year since implementation of the Palliative Care program at St. Mary's Health Care System, hundreds of lives have been touched. Palliative Care is a growing form of care that focuses on symptom relief and helping the patient define and meet his or



her goals, whether he or she wants to seek aggressive treatment or comfort care. On April 22, with the support of philanthropic donations, St. Mary's brought two nationally known experts on palliative care to Athens to enhance the understanding of this emerging, and sometimes misunderstood, kind of care. First, Karen Williams, RN, CHPN, a certified palliative care nurse from Memphis, Tenn., presented a Lunch and Learn to nurses and ancillary professionals about what palliative care is, how it differs from routine care, and when it is appropriate. That evening, Javier Kane, M.D., Director of Palliative Medicine and End-of-Life Care at St. Jude Children's Research Hospital, led a CME discussion for area physicians on ways palliative care can help their patients. Both events were held at St. Mary's Hospital and were organized by Tanya Adcock, RN, Palliative Care Coordinator. In addition to this amazing event, April saw the completion of the new Palliative Care suites. These suites will provide a more peaceful space for patients to receive specialized care and designated rest areas for family members. Each room contains a more "home-like" feel while providing lots of natural light. The larger suite can be divided to allow space for both family and patient to relax. If you need more information about the palliative care program or would like to make a charitable donation please contact the Foundation office at (706)389-3927.



The annual golf tournament, Bulldogs Battling Breast Cancer is quickly approaching. On Monday, July 12th UGA Coach Mark Richt and some of today's most talented UGA players will be at the Georgia Club to help raise money for Teresa's Hope benefiting St. Mary's Breast Health Services. This fund supports breast health services to women in the Athens area. Last year's sold out event raised \$18,000 for the fight against Breast Cancer and this year promises to be just as successful. This event is organized by Jay and Teresa Abbott after a personal experience with breast cancer inspired the family to find a way to give to back to the community. There are only a few spots left, so make sure you reserve yours before the July 1st deadline.

Can't play this year? Not to worry, there are several other options for sponsorship including \$250 for a tee/green sponsor. Registration begins at noon and the cost is \$150 a player. Remember that you only need a three man team because you will be paired up with a current/former UGA football player or a UGA coach. For more information or to register online go to www.bulldogsbattlingbreastcancer.com.

New Board Members



Mr. Seth Waltman

Seth Waltman joins St. Mary's Foundation Board as the President-elect for the 2011 Young Professionals Advisory Board. Seth has been a member of the Young Professionals since its inception in 2009 and has

played a vital role in the "Memory Walk" pavers campaign and Foundation Facebook presence. Seth graduated from Tulane University with a Bachelor of Science in Management from the Freeman School of Business in 1996. He moved to Memphis for his first job where he met his wife, Becky on a blind date. Seth and Becky moved to Athens in 2002. He works as a Financial Advisor at Smith Barney and currently serves on the Board and Finance Committee for Community Connection of Northeast Georgia. Seth lives in Athens with his family and enjoys golfing, exercising and traveling.



Ms. Nora Link

Nora Link joins the Foundation Board as a supporter of St. Mary's Center for Alzheimer's and Dementia Care as well as St. Mary's Children's Specialty Services. She is actively

involved with the Foundation's Strategic Planning and Major Gifts Committee. Nora is relatively new to the Athens community, having moved to Athens four years ago after retiring from legal practice in New York. She moved here for the warmer climate and the music, arts and cultural benefits associated with a college town. She continues to enjoy the Athens culture and small town atmosphere and remains very involved in the local music scene. Nora enjoys spending her time with Bruce Petrin and their two Keeshond dogs, Luna and Woody. She is thrilled to be the newest addition to St. Mary's Foundation Board!



Mr. Hank Huckaby

Hank Huckaby has returned to St. Mary's Foundation Board after a brief hiatus. Hank brings to St. Mary's years of experience in state politics and finance. Hank is a native of Griffin, Georgia. He moved to Athens in 1997 and

retired as Senior Vice President of Finance and Administration at the University of Georgia in 2009. Before moving to Athens, Hank worked for the state government managing budgets at the highest level under Governor Zell Miller. During his time under Governor Miller, Hank managed the state's \$10 billion budget, including programs like the then newly implemented HOPE Scholarship Fund. Today, Hank resides in Oconee Country with his wife, Amy. Hank is running for the open State House of Representatives seat as a Republican in the 2010 election.

RETURN SERVICE REQUESTED

“Memory Walk” – A Fundraiser to Support St. Mary’s Center for Alzheimer’s and Dementia Care

Please consider donating an engraved paver to the “Memory Walk” at St. Mary’s Center for Alzheimer’s and Dementia Care in honor or memory of a loved one who has suffered from, or cared for someone suffering from Alzheimer’s or dementia. All donations directly benefit St. Mary’s Center for Alzheimer’s and Dementia Care. Pavers will be engraved in the open-air courtyard at the facility on an annual basis. The courtyard at St. Mary’s Center for Alzheimer’s and Dementia Care includes a fountain and ensures that residents get the benefits of being outdoors without leaving the security of the building.



Upcoming Foundation Events:

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| July 12, 2010 | Bulldogs Battling Breast Cancer Golf Tournament |
| September 25, 2010 | 10th Anniversary Foundation Gala |
| November 30, 2010 | Love Light Tree Lighting |

If you wish to have your name removed from the list to receive future fundraising requests from St. Mary’s Foundation, please write to us at 1230 Baxter Street, Athens, GA 30606.

